

WEST SIDE Foods



Presents Empire Chicken Nuggets

- Great tasting nuggets with golden crispy breading.
- Available in 2 lb. and 4 lb. bags.
- Kids love them - perfect for a snack or meal in minutes!



Nutrition Facts

Serving Size 4 Nuggets (84g)
Servings Per Container About 10

Amount Per Serving		
Calories 180	Calories from Fat 80	
		% Daily Value*
Total Fat 9g		14%
Saturated Fat 2g		10%
Trans Fat 0.5g		
Cholesterol 15mg		6%
Sodium 450mg		19%
Total Carbohydrate 14g		5%
Dietary Fiber 2g		10%
Sugars 0g		
Protein 11g		

Vitamin A 0% • Vitamin C 0%
Calcium 4% • Iron 8%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate	Less than	30g	37g
Dietary Fiber	Less than	25g	38g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: CHICKEN BREAST PELLETS, WATER, MECHANICALLY DEWHITED CHICKEN CHICKEN SKIN, SOY PROTEIN CONCENTRATE, POTASSIUM STARCH, SODIUM PHOSPHATE, DIMETHYL POLYSILOXANE, NATURAL FLAVOR, SALT
BREADING: ENRICHED WHEAT FLOUR, POTASSIUM FLOUR, SALT, SPICES, DISTILLED YELLOW CORN FLOUR, COLORED WITH EXTRACTS OF PAPRIKA AND ANNATTO, NATURAL FLAVOR, LESS THAN 1% NATURAL HYDROGENATED SOYBEAN OIL ADDED TO PREVENT CLUMPING, WATER, WATER, YELLOW CORN FLOUR, BAKED FOOD STARCH, SALT, LEAVENING AGENT, SODIUM PHOSPHATE, SODIUM BICARBONATE, ONION POWDER, SPICES, SALT, POTASSIUM FLOUR, NATURAL FLAVOR, LESS THAN 1% SOYBEAN OIL ADDED TO PREVENT CLUMPING, DIMETHYL POLYSILOXANE

4 lb. Chicken Nuggets: \$149⁹⁵ /Case \$13⁶³ /Unit
2 lb. Chicken Nuggets: \$125⁹⁵ /Case \$6⁹⁹ /Unit

Manufacturer ID	Item Number	Product Name	Piece Weight	Case Count	Case Weight (Approx lbs)	Case Cube	Case Dimensions	Pallet Pattern
71627	1045	Chicken Breast Nuggets	2 lb.	18	36	2.121	22 x 15.5 x 10.75	5 x 7
71627	1046	Chicken Breast Nuggets	4 lb.	11	44	2.121	22 x 15.5 x 10.75	5 x 7

West Side Foods, Inc. 718 - 842 - 8500